Plymouth Day Opportunities

75-77 Cornwall Street, Plymouth, Devon. PL1 1NS



Plymouth Day Opportunities, located in the heart of the city centre, provides support to young people and adults with a range of physical disabilities, learning disabilities and complex health needs across Plymouth.







Introducing Plymouth Day Opportunities

Plymouth Day Opportunities is in a modern, accessible building with an open, communal space for the individuals we support and visitors. There is an accredited Changing Place onsite as well as a low-level kitchen. Other facilities at our service include computer access for customers, a pool table and space for a range of indoor and outdoor activities.

We are open Monday to Friday, also offering an enabling service, where individuals will be supported 1:1 to access the community. We aim to provide you with the support and opportunities you need to lead a fulfilling lifestyle by offering a range of services which are tailored to your needs.

About Plymouth Day Opportunities

The service offers a range of pathways, we endeavour to deliver educational based programmes by using and developing meaningful frameworks. We provide engaging sessions that empowers individuals through personalised learning and choice. Our Service will motivate and enhance learners' and individuals' confidence, self-esteem and resilience.

Our Core Beliefs will be to promote and deliver:

- Purposeful Skill Based Programmes
- Outcome Focused Assessments
- Creating & Maintaining Positive Learning Environment
- Aspirational Journey to Self Determination
- Creating Opportunities for Social Inclusion.

Enhancing the lives of the people we support







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Our Service

- Are outcome-focused and highly person-centred.
- Provide Monday to Friday day centre support.
- Provide enabling and 1-1 support.
- Provide activities tailored to the interests of the individuals we support both in and out of the home.
- Are holistic, with person-centred care and support developed in collaboration with the people we support, their families and a multidisciplinary team of health care professionals.

The **Team**

The team is led by an experienced Manager with many years of supporting people with learning disabilities and complex needs. The staff team are committed and focused on meeting the needs of the people they support.

Our Testimonials

"The service has a welcoming relaxed feel from the moment you walk in, the staff are hospitable, and nothing is too much trouble for anyone"

- Peg Nurse

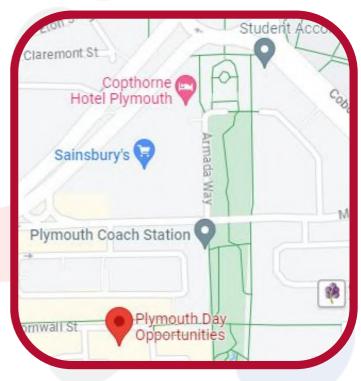
"Our day service is her favourite place in the whole world"
- Individual We Support

"We all work together to make the service bright and cheerful"

- Individual We Support

"The whole staff have been wonderful and I appreciate all the support we have given and are still giving to myself and my daughter"

- Parent



Plymouth Day Opportunities

To make a referral, for further enquiries and for more information:

01752 221002

BusinessDevelopment@ salutemsharedservices.co.uk

www.salutemcareandeducation.co.uk

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