## **Chester Day Opportunities**

Western Ave, Blacon, Chester CH1 5PP



Based in Blacon, Chester Day Opportunities provides day support to adults with learning and physical disabilities within our day service at Chester Skills Development Centre.

We are within walking distance to the City Centre and located next to excellent transport links to access the local community.







## **Chester Day Opportunities**

Chester Day Opportunities supports adults with disabilities to access a range of person centred leisure and skill building activities.

Our service consists of various activity rooms including, a computer suite, art room, kitchen, games room (including pool table, dart board and table football) a large dining/activity room alongside office space, bathroom facilities and quiet areas for people to use.

We have lots of outdoor space which includes a greenhouse, a bug hotel and outdoor seating.

## We offer activities including:

- Cookery
- Baking
- Computer sessions
- Travel training
- Support to access voluntary roles to support with future employment
- Arts and Crafts

- Textiles
- News groups/current affairs session
- Singing
- Movement to music
- Gardening
- Trips to the library
- Day trips

Enhancing the lives of the people we support ....



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We can provide support to access individual activities throughout the week or full day support. What we provide is different for every individual, based on their needs and wishes. The people we support can be supported to learn and develop skills in:

- Caring for themselves
- Living independently
- Building and maintaining relationships with friends and family
- Accessing services, resources, and activities in the community

At Chester Skills Development Centre, we give disabled adults the opportunity to try a full range of indoor and outdoor leisure and social activities, both individually and as part of a group. Our group activities enable our customers to build and maintain relationships with their peers and prevent isolation and are ideal for those keen to make new friends and meet new people.

The day service is housed in a fully accessible building with fully accessible toilets and all areas allowing access for wheelchairs.

We have a computer suite, an arts & crafts room, a skills kitchen, a games room including a dart board, pool table and table football.

Our large dining area allows for large social gatherings and enables everyone to have lunch together with friends. We have several offices and a couple of additional rooms used on an ad-hoc basis.



**Chester Day Opportunities** 

To make a referral, for further enquiries and for more information:

01753 255777

BusinessDevelopment@ salutemsharedservices.co.uk

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